



Neuro Developmental Services Lived Experience Partner

Who We Are and What We Do

Imperial College Health Partners (ICHP) is the Health Innovation Network (HIN) for North West London, one of 15 HINs across England, connecting healthcare, academia, local authorities, and industry to spread innovation. ICHP collaborates with the North West London Integrated Care Board on the Supporting Children and Young People's Mental Health Mission, addressing key health priorities for greater impact.

Lived Experience Partner Profile Role Description

This programme is looking to recruit service users, parents, or carers with experience within Neuro Developmental (ND) Services within North West London (NWL). This programme forms part of NWL ICB Mission focusing on Mental Health in Children and Young People in NWL.

We are particularly interested in young people from NWL with ADHD or Autism and/or their parents and carers who have experienced delays whilst waiting for treatment in NWL and their experience of support offered pre and post diagnosis.

Opportunity Summary

There are increasing referrals for Neurodevelopmental services in London and the waiting lists for a first assessment are especially large in NWL compared to other parts of London. NDT waiting list increases are likely due to a combination of increased demand and awareness, whilst capacity is not growing at the same rate. Innovation has the potential to improve diagnostic efficiency; release capacity in the system; and support patients and families to wait well.

Our programme aims to focus on three key areas.

- 1. Improving the experience of waiting for diagnosis and of finding support postdiagnosis.
- 2. Improving the capacity within services to mange their waiting lists using innovation.
- 3. Using data to support improving equity of access across NWL.

Your involvement is crucial in acting as our codesign and accountability partner. We value your insights on what young people with ADHD/ASD want and what you believe will contribute to their journey as they navigate their health and wellbeing. Your input is invaluable, and we appreciate your help in shaping a strategy that truly reflects the needs and preferences of individuals like yourself.

Length of Role

The role will initially be for 6 months, with the potential to extend for an additional 6 months. The time commitment will be around half a day (4 hours) per month for:

- Working Group meetings approx. 1 hour
- Meeting with the programme manager approx. 1 hour
- Another couple of hours a month for reading papers, resources and documents including allocated time for de-brief sessions following working group meetings.

You will not need to be able to attend all meetings to be able to be involved and there is scope for you to shape and define your role further with us.

Expenses

You will be offered an optional honorarium for your time and contributions. This will be in-line with the <u>ICHP Public and Patient Involvement payment policy</u>, with a rate of payment of £25 per hour. Activity will mostly be online, but if any face-to-face meetings are required, we will reimburse reasonable travel expenses.





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Your Skills and Experience	Your Role
We are looking for someone with	You will be required to
 Experience of NWL ND Services either as a patient, parent, carer, or relative. Ability to reflect a broader range of patient, service user, carer and public perspectives in addition to own personal experience. Ability to provide constructive feedback and present views succinctly. Confidence to voice their own opinions clearly and participate in group discussion. Ability to listen and respect differing opinions. Ability to highlight gaps in care and suggest improvements for change. An understanding of some of the patient networks across London that might be relevant to this work. 	 Support the project's Working Group and wider stakeholder network, including: Help to identify wider opportunities for patient involvement. Feeding into the planning and development of innovation shortlisting. Supporting us to develop patient and public facing education and information materials. To help highlight gaps in care and suggest improvements for change. Ensuring the patient and carer voice informs the programme development through contributing to Working Group meetings and meetings with the programme manager.

Should you be appointed to this role, please remember that you will be representing Imperial College Health Partners (ICHP). We ask that you refrain from acting in a way which might bring ICHP into disrepute while undertaking your role.

We Will Support You By

You will have an induction session and a key point of contact within the programme, who will be able to offer ongoing support. They will ensure that you are appropriately briefed ahead of meetings and have the information needed to be able to contribute effectively, including helping to meet any access needs.

Virtual meetings will mostly be held on Microsoft Teams, and we can support around this platform if required. We are looking to recruit a minimum of two lived experience partners for this role, to create opportunities for peer support.

How to Apply

To express interest please get in touch with Sadie Myhill by **Sunday 18 February 2024.** Please include up to 300 words outlining why you would like to get involved and the skills and experiences you feel you would bring to the role.

Email: sadie.myhill@imperialcollegehealthpartners.com

Please also let us know about any access needs you have so we can support your engagement with the role. We will email to confirm receipt of your expression of interest within two working days and will outline any next steps.

If you have any questions about the role, or would like an informal chat before applying, please contact Sadie using the email above or call/text 07951415109. For example, we are happy to answer questions about what the role will involve, our organisation and who you will be working with.

Because this programme deals with potentially difficult personal experiences, please consider whether this opportunity is right for you, and that you have the right personal or health professional support in place to participate if needed.



NW London ICS in collaboration with ICHP



Additional Background Information

Imperial College Health Partners (ICHP) is the Health Innovation Network (HIN) for North West London, one of 15 HINs across England.

You can find out more information about the organisations involved through the links below:

- Imperial College Health Partners
- North West London Integrated Care Board

Further information about ICHP's current priorities, including our focus on Neurodevelopment Services can be found below:

- The North West London Missions
- Supporting Children and Young People's Mental Health

